

Southside Catholic Conference

2017 Girls Basketball Rules

5TH GRADE

14 minute halves- running clock until the last minute of the half and last 2 minutes of the game

Full court press allowed during the last 2 minutes of the game, unless a team is winning by 10 or more points.

Any team ahead by 15 or more points must have all their defenders in the paint. No full court press allowed when up by 10 or more points.

6TH GRADE - RED

Four 6-minute Quarters,
Clock stops on all whistles

In the Red division teams can full court press anytime unless they are winning by 10 or more points.

Any team up by 15 or more points, must have all their defenders in the arc.

6TH GRADE - WHITE

Four 6 minute Quarters,
Clock stops on all whistles

Full court press only in the last 2 minutes of each half

Any team up by 15 or more points, must have all their defenders in the paint.

7TH & 8TH GRADE - RED & WHITE

Four 6 minute Quarters,
Clock stops on all whistles

Teams can press anytime

Any team up by more than 20 pts, must have all their defenders behind the 3 pt arc.

- 1) All teams get 4 time-outs per game.
- 2) All grades use a 28.5" ball.
- 3) Clock stops on all free throws in every grade level.
- 4) Overtime periods are 3 minutes long. Teams receive 1 additional timeout.
- 5) No jewelry of any kind is permitted on the court
- 6) In 5th grade only 1 overtime period will be played.
- 7) 5th graders can go over the free-throw line after the ball is shot. They can't run in for a rebound.
- 8) There will be 8 minutes between games and 5 minutes halves.
- 9) Clock Stops on All Whistles in 6th, 7th and 8th grades
- 10) Only a total of 3 coaches (including a scorekeeper are allowed on the bench)
- 11) Regular bonus on the 7th foul in each half
- 12) Super Bonus on the 10th foul in each half